

SB Connect

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What is SB Connect?

Goal: To help people with spina bifida and their families build community in their area.



How: The Power of Spending Time Together

- Flexible to meet the needs of that individual community
- Recommend meeting about 6 times per year, but can be more or less
- Central, accessible location or virtual (Zoom)

Central tenets of SB Connect:

1. For areas unserved or underserved by a spina bifida organization
2. Facilitated by a volunteer member of the spina bifida community
3. Free or low cost for facilitator, participants, chapter, and SBA
4. Inclusive of the entire intergenerational community

Facebook Groups

- Each SB Connect has its own Facebook group for a home base
- Helps find local members
- Promotes upcoming events
- Gets the conversation started
- Facilitator Facebook group and support

To learn more:

Contact Colleen Payne at cpayne@sbaa.org if you would like to learn more about SB Connect and discuss whether it might be a good fit for your community.